

 made
in
Germany



Mestemacher

the lifestyle-bakery

*German Rye Bread
Since 1871*



AWESOMIE foods
"eat awesome"

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About



Mestemacher was a small village bakery founded in 1871. It's now the world market leader and the world biggest producer of packaged rye bread.

- Founded in 1871
- Specialized in German style wholegrain breads
- Natural ingredients
- Rich in fibre
- Long shelf-life products
- No preservatives
- Organic and vegan options
- Convenient
- Convention & Innovation



How is Mestemacher bread made?

- Step 1: The quality ingredients arrive at Mestemacher. The suppliers are selected farming cooperatives and agricultural commodities suppliers.
- Step 2: Each delivery is carefully checked by the inspection team.
- Step 3: Shortly before production begins, the rye is ground in the in-house mill. The very gentle process guarantees that the important minerals, fibre and vitamins are retained.
- Step 4: As a preliminary stage before making the actual bread dough, a natural sourdough has to be matured for 24 hours. This gives the bread the typically sour rye bread flavour.
- Step 5: Other ingredients are added to the dough according to different recipes, including oily seeds, oat flakes, sea salt and yeast etc.
- Step 6: The bread dough is put into the tin and then into the oven. After approx. 90 minutes, the fresh crusty loaves come out.
- Step 7: The finished loaves cool down for 24 hours.
- Step 8: The loaves are sliced in the slicing machine and then portioned and packaged in special wrap. The packaging material is completely recyclable.
- Step 9: Laboratory tests are carried out on all production batches. This quality control process ensures that any minor fluctuations in the quality of ingredients can be responded to in good time.
- Step 10: The packaged breads are warmed once again in a special oven in order to guarantee the especially long shelf life.
- Step 11: The finished bread loaves are labelled and ready to be shipped out.



PUMPERNICKEL

裸麥粉粗麵包

Size: 500

#01901

Unit/Case: 12

MSRP: \$28

- Ingredients: whole rye meal (60 %), water, sugar beet syrup, salt, malt extract (barley), yeast.
- May contain traces of sesame, milk and tree nuts.
- No preservatives!



WHOLEMEAL RYE BREAD

黑麥麵包

Size: 250

#05950

Unit/Case: 11

MSRP: \$19

- Ingredients: whole rye meal, water, salt, yeast.
- May contain traces of sesame, milk and tree nuts.
- No preservatives!



GOURMET PUMPERNICKEL

極品裸麥粉粗麵包

Size: 250

#21901

Unit/Case: 12

MSRP: \$25

- Ingredients: whole rye meal, water, malted barley extract, sugar beet syrup, salt, yeast.
- May contain traces of sesame, soy, milk and tree nuts.
- No preservatives!



GOURMET WHOLEMEAL BREAD

極品裸麥粉粗麵包

Size: 250

#09901

Unit/Case: 12

MSRP: \$25

- Ingredients: whole rye meal, water, salt, yeast.
- May contain traces of sesame, soy, milk and tree nuts.
- No preservatives!



PREMIUM GERMAN BREAD BASKET

什錦麵包籃

Size: 500

#31901

Unit/Case: 12

MSRP: \$39

- 5 Varieties – 10 individual packs
- 2 x Fitness Bread
- 2 x Pumpernickel
- 2 x Flax Seed Bread
- No preservatives!
- 2 x Wholemeal Rye Bread
- 2 x Sunflower Seed Bread



PROTEIN BREAD**蛋白質麵包**

Size: 250

#137901

Unit/Case: 9

MSRP: \$29



- Ingredients: water, protein-mix (12%) (wheat protein, pea protein), whole rye flour, brown linseed, soy meal (6%), soy flour (3%), wheat bran, golden linseed, sunflower seeds, sesame, oat fibre, salt, yeast, protein whey powder concentrate, rye flour, acidity regulator: sodium diacetate.
- May contain traces of tree nuts.
- 3.2 times more protein and 82% less carbohydrates than an usual wholemeal rye bread!

WALNUT PROTEIN BREAD**核桃蛋白質麵包**

Size: 250

#141901

Unit/Case: 9

MSRP: \$32



- Ingredients: water, whole rye flour, soy meal (10%), protein-mix (8%) (wheat protein, pea protein), walnuts (5%), golden linseed, wheat bran, sunflower seeds, soy flour (3%), oat fibre, salt, yeast, whey powder, sesame, rye flour, acidity regulator: sodium diacetate.
- May contain traces of other tree nuts.
- 2.6 times more protein and 65% less carbohydrates than an usual wholemeal rye bread!

ALMOND PROTEIN BREAD**杏仁蛋白質麵包**

Size: 250

#157901

Unit/Case: 9

MSRP: \$32



- Ingredients: water, whole rye flour, protein-mix (11%) (wheat protein, pea protein), soy flour (5%), almonds (5%), sunflower seeds (4%), wheat bran, soy meal (3%), golden linseed, oat fibre, salt, whey powder, yeast, rye flour, acidity regulator: sodium diacetate.
- May contain traces of other tree nuts and sesame.
- 2.6 times more protein and 61% less carbohydrates than an usual wholemeal rye bread!

CARROT PROTEIN BREAD**紅蘿蔔蛋白質麵包**

Size: 250

#142901

Unit/Case: 9

MSRP: \$32



- Ingredients: water, protein-mix (17%) (wheat protein, pea protein), whole rye flour, soy flour (7%), soy meal (7%), carrot strips (5%), brown linseed, wheat bran, sunflower seeds, oat fibre, salt, golden linseed, yeast, whey powder, rye flour, acidity regulator: sodium diacetate.
- May contain traces of sesame and tree nuts.
- 3.2 times more protein and 71% less carbohydrates than an usual wholemeal rye bread!

ORGANIC WHOLE RYE BREAD**有機全黑麥麵包**

Size: 500

#62965

Unit/Case: 12

MSRP: \$29

- Ingredients: organic whole kernel rye, water, organic whole rye flour, sea salt, yeast
- May contain traces of soy, milk and tree nuts.
- No preservatives! Wheat free.

**ORGANIC THREE GRAIN BREAD****有機三糧麵包**

Size: 500

#63965

Unit/Case: 12

MSRP: \$29

- Ingredients: organic whole kernel rye, water, organic whole rye flour, organic oat flakes, organic barley flakes, organic flax seed, sea salt, organic sesame, yeast
- May contain traces of soy, milk and tree nuts.
- No preservatives! Wheat free.

**ORGANIC SUNFLOWER SEED BREAD****有機葵花籽麵包**

Size: 500

#64965

Unit/Case: 12

MSRP: \$29

- Ingredients: organic whole kernel rye, water, organic whole rye flour, organic sunflower seed, sea salt, yeast
- May contain traces of soy, milk and tree nuts.
- No preservatives! Wheat free.

**ORGANIC FLAX SEED BREAD****有機亞麻籽麵包**

Size: 500

#65965

Unit/Case: 12

MSRP: \$29

- Ingredients: organic whole kernel rye, water, organic flax seed, sea salt, yeast
- May contain traces of milk and tree nuts.
- No preservatives! Wheat free.



SUNFLOWER SEED BREAD

葵花籽麵包

Size: 500

#74901

Unit/Case: 12

MSRP: \$28

- Ingredients: whole kernel rye, water, wholemeal rye flour, sunflower seed, iodized salt, oat fiber, yeast
- May contain traces of soy, milk and tree nuts.
- No preservatives! Wheat free.

**RYE BREAD WITH MUESLI**

麥片麵包

Size: 500

#75901

Unit/Case: 12

MSRP: \$28

- Ingredients: whole rye kernels, water, whole rye meal flour, raisins, oat flakes, whole hazelnuts, sunflower seeds, flax seeds, salt, oat fibre, sesame seeds, yeast
- May contain traces of milk and soy.
- No preservatives!

**MIXED CEREALS BREAD**

混合麥片麵包

Size: 500

#76901

Unit/Case: 12

MSRP: \$29

- Ingredients: grain [crushed whole rye grains (37%), wholemeal rye flour (8%), oat flakes (5%), barley flakes (5%)], water, linseed, iodized salt, oat fibre, sesame, yeast.
- May contain traces of milk, soy and nuts.
- No preservatives!

**FITNESS BREAD**

健身麵包

Size: 500

#78901

Unit/Case: 12

MSRP: \$29

- Ingredients: whole kernel rye, water, oat kernels, wholemeal rye flour, iodized salt, wheat germ, oat fiber, yeast.
- May contain traces of soy, milk and tree nuts.
- No preservatives!

